

BOARD OF COUNTY COMMISSIONERS

1800 27th Street, Vero Beach, Florida 32960-3365



567-8000 ext. 1-REC

PRESS RELEASE

April 28, 2010

FOR IMMEDIATE RELEASE

CONTACT: John Frazier, Ocean Rescue Captain
Indian River County Recreation Department (772) 388-4492

Indian River County Recreation Department will be offering an Ocean Junior Lifeguard Program

The Indian River County Recreation Department will be offering an Ocean Junior Lifeguard program. Three summer sessions will be offered: June 14-June 25, June 28-July 9 and July 12-23, 2010. The Junior Guard program runs Monday-Friday from 8 am-12 noon. The headquarters will be at the Bethel Creek House, 4405 Highway A1A, Vero Beach, FL. The tuition for one session is \$125.00.

The program is open for girls and boys ages 9-17 years old. All students must attend one of the tryout dates and pass both the physical swim and run requirements to participate in the program. Students must be able to run one mile without walking or stopping and swim 100 yards freestyle stroke without stopping in an allotted amount of time.

Tryouts will held at the Gifford Aquatic Center from 9-11 a.m. on May 8, 15, 22 and 29. Space is limited to thirty students per session.

For more information, please call the Ocean Rescue office at (772) 388-4492.