

**Facts**

- The facility has 18 lanes at 25 yards for lap swimming.
- The facility diving well has one meter and three meter diving boards.
- The Competition Pool has almost 1 million gallons of water.
- The Activity Pool has almost 185,000 gallons of water.
- The Activity Pool has a zero depth entry for easy entry to accommodate all ages.
- The Activity Pool has slides, water cannons, bubbles and a huge water play structure.



**Hours of Operation**

**Competition Pool**

January - April, 2012

Mon.-Fri. ....6:00 a.m.-6:00 p.m.

Sat. ....9:00 a.m.-5:00 p.m.

Sun. ....12 noon-5:00 p.m.

May - August, 2012

Mon.- Fri. ....6:00 a.m.-6:00 p.m.

Sat. ....9:00 a.m.-5:00 p.m.

Sun. ....12 noon-5:00 p.m.

**Activity Pool**

January - March, 2012

Closed

April - May, 2012

Call for pool hours

June 4 - August 17, 2012

Mon.-Fri. .... 12 noon-5:00 p.m.

Sat. .... 12 noon-5:00 p.m.

Sun. .... 12 noon-5:00 p.m.

HOURS SUBJECT TO CHANGE



Activity Pool

VISIT US ON FACEBOOK!!!

**Admission Fees**

**Daily**

0-2 yrs.

FREE

3 yrs.-12 yrs.

\$3 plus tax

13 yrs.-54 yrs.

\$5 plus tax

55 yrs. and up

\$3 plus tax

**1 Month Pass**

Single person

\$15 plus tax

**3 Month Pass**

Single person

\$30 plus tax

Each additional

family member

\$20 plus tax

**Annual Pass**

Single person

\$120 plus tax

Each additional

family member

\$80 plus tax

**Aquanautics**

Aquanautics is fitness and fun in the water. The class is designed to strengthen and firm muscles, improve cardio and respiratory function and increase flexibility. Other benefits include better balance and coordination. Participants benefit from the water with less strain on the bones and joints. Exercise movements are choreographed to music.

- **Ages:** All Ages
- **Times:** Every Tuesday & Thursday
- **Fee:** \$4.00 per class or you can purchase a punch card for \$28 for 8 classes.
- For more information, contact the North County Aquatic Center at (772) 581-7665.
- **Dates:** Year round .....9:30-10:30 a.m.

WWW.IRCREG.COM

**Early Bird Lap Swimming**

Looking for an early morning workout before you go to work? The North County Aquatic Center has lap swimming Monday through Friday morning, starting at 6:00 a.m., May through August. For more information, please call the North County Aquatic Center at (772) 581-7665.

**CHECK US OUT ON FACEBOOK AND  
WWW.SWIMTRAINFLORIDA.COM**

**DANCING ON THE DECK**

The Indian River County Recreation Department will be presenting a live vocal performance of "The Dolls" with Jerry, the singing DJ, at the North County Aquatic Center, located at 9450 CR 512, Sebastian, on Friday, February 24, 2012. The fun-filled event will be held on the pool deck at the North County Aquatic Center from 6:30-9:30 p.m. Jerry will be playing your favorites from the 50's and 60's, so dust off your Poodle Skirt, Letter Sweater Vest, or favorite dancing outfit and get ready to dance the night away!

The entrance fee is \$4.00 plus tax per person or \$6.00 per couple. Free cookies and pastries will be provided. Soda pop, coffee, and hot chocolate will be for sale.



**Special Olympics  
Florida**

**Look for the 2012 Special Olympics  
State Aquatics Championship  
October 6 & 7, 2012 at the  
North County Aquatic Center**

**Treasure Coast Swimming Conquistadores (USS)**

- **Coaches:** Scott Barlow and Holly McClain
- **Phone:** (772) 713-6591
- **Website:** <http://www.treasurecoastswimming.com>
- **Ages:** All
- **Dates:** Monday - Saturday
- **Times:** Mornings and afternoons
- **Fee:** Contact coach for information



**Lightning Bolt Swimming (Recreational)**

- **Coach:** Bill Bolton
- **Phone:** (772) 321-6056, Coach Bill
- **Website:** <http://www.lightningboltswimming.com>
- **Ages:** 4-18
- **Dates:** Monday - Saturday
- **Times:** Mornings and afternoons
- **Fee:** Contact coach for information

**Treasure Coast Dive Team**

- **Coaches:** Gregg Servaites
- **Phone:** (772) 388-0038
- **Ages:** 6 and up
- **Dates:** Monday, Wednesday and Friday
- **Times:** 4:00 p.m. - 6:00 p.m.
- **Fee:** Contact coach for information

**Masters Swim Program**

- **Coaches:** We are currently accepting applications for a masters coach.
- **Phone:** (772) 581-7665
- **Info:** Please call to put your name on a waiting list if you are interested in this program.

**Lifeguard Class**

Must be able to swim 300 yards Freestyle and Breaststroke without stopping, and retrieve a 10 lb. brick from 12'6" of water. There is a 5 person sign up minimum. The course includes the following Red Cross Certifications:

- CPR for the professional rescuer • AED essentials • Lifeguard training and First Aid • Oxygen Administration
- **Ages:** Minimum 15 years old
- **Location:** North County Aquatic Center
- **Dates: Class 1** (Spring Break) March 12-16, 2012 ..... 9:00 a.m.- 4:00 p.m.
- **Mandatory** class pretest date and registration, Saturday, March 3, 2012 at 10:00 a.m.
- **Second Class** Weekday class: March 19-23, 27-30, 2012 ..... 4:00-7:30 p.m.
- **Mandatory** class pretest date and registration, Saturday, March 10, 2012 at 10:00 a.m.
- **Fee:** Call for information and to register.
- For more information, contact the North County Aquatic Center at (772) 581-7665.



**COME PARTY WITH US**

Everyone loves a party! Why not choose the North County Aquatic Center for your next party or family reunion? Select a combination of rentals from meeting rooms to pool. To schedule your party, contact the North County Aquatic Center at (772) 581-7665.

**Party Room** (Room rental includes tables and chairs)

Party Times: Monday through Saturday: 9:30-11:30; 12:00-2:00; or 2:30-4:30 Sundays: 12:00-2:00 or 2:30-4:30 (You will have 15 minutes before your start time for set up and 15 minutes after your ending time for clean up)

Fees: 2 hour rental ..... \$100.00 fee includes entrance for up to 20 people plus the birthday child and his/her parents) Additional guests will be charged the regular daily rate. Additional 2 hour rental of the party room: \$95.00

\*All parties must be booked at least 2 weeks in advance with a signed contract and a \$50.00 deposit

**Facility Rental (after hours)**

Hourly Rates	Non-Profit*	Private	Business
Weekday (Monday-Thursday)	\$125.00	\$150.00	\$175.00
Weekend (Friday-Sunday)	\$225.00	\$250.00	\$275.00

\*Non-Profit organizations must provide a State of Florida Sales Tax Exemption Certificate.

\*All parties must be booked at least 2 weeks in advance with a signed contract, a \$150.00 deposit, and approval from facility manager.

Inclement weather conditions at the North County Aquatic Center and the Gifford Aquatic Center may result in the temporary closing of the pool at Management's discretion. This policy is in place for the safety and well being of swimmers and the facility. In the event of an electrical storm, patrons will be notified by the ThorGuard lightning prediction system. The system will sound one loud air horn for 15 seconds when a storm is approaching. Patrons will be required to leave the facility immediately. The system will sound three, 5 second air horn blasts when the area is clear of the electrical storm and it is safe to resume activities. We will issue pool passes to patrons who have been at the facility less than two hours if the facility is closed for weather conditions prior to 2:30 p.m. Patrons must have a receipt to receive a pool pass.



### Water Safety Instructor Course

The Indian River County Recreation Department will be teaching an American Red Cross Water Safety Instructor course at the North County Aquatic Center located at 9450 CR 512, Sebastian, FL and the Gifford Aquatic Center located at 4895 43rd Avenue, Vero Beach, FL.

The Water Safety Instructor Class will help you gain terrific work experience in the professional aquatic field, teach you organizational, presentation and communication skills and teach you skills that may Save A Life!

Participants must attend all classes to be eligible for certification. Participants must be 16 years or older. For more information, or to register for the class, please call the North County Aquatic Center at (772) 581-POOL (7665).

### Jr. Lifeguard Pool Program

The American Red Cross Junior Lifeguard Program is a two-week class introducing the skills needed to pass a lifeguard class for participants ages 11-14. Participants must be able to swim 100 yards non-stop, swim 10 yards underwater and tread water for one minute. Tryouts and registration for 2012 will be held on Wed., May 2, 2012, at 6:00 p.m. at the North County Aquatic Center.

The cost of the class is \$75.00 per session, which includes a Junior Lifeguard t-shirt, whistle and lanyard. Class space is limited to 10 students per session. The class will be held Monday-Thursday from 10:30 a.m.-3:30 p.m. at the North County Aquatic Center. Participants need to bring a lunch, bathing suit, shorts, towel, sunscreen, sunglasses, sneakers, and a change of clothes. The 2012 session date is June 11-21, 2012. For more information, please call the North County Aquatic Center at (772) 581-7665

#### PARENTS PLEASE NOTE:

*Children under the age of thirteen must have parental supervision at the County pools. Children 13-17 must have a waiver on file to use the facility without parental supervision. Children two and under must wear swim diaper (for sale at Center). Only Coast Guard approved floatation devices allowed at county pools.*

### A SPECIAL THANKS

**TO OUR INDIAN RIVER COUNTY RECREATION DEPARTMENT PART-TIME LIFEGUARDS AND STAFF ASSISTANTS**

#### Ocean Lifeguards

Dan Elward      Grant Fraker  
 Jeff Fitzgerald      Alex Holewinski  
 Mike Flinn      Chris Watkins

#### Staff Assistants

Tito Nieves

#### Pool Lifeguards

Charles Bayes      Carlyn Floyd  
 Jennifer Bohr      James Irvin  
 Bruce Cardell      Miles Kunkel  
 Ryan Carter      James McDaniel

## VERO'S #1 SUMMER TENNIS CAMP

### Twin Oaks Tennis Club

1295 6th Avenue • Vero Beach

**772-770-1149**

For children ages 6-8 years

Beginner • Intermediate • Tournament Level

**\$20 Discount with This Ad**

• **Weekly Rates:** 10:00 a.m.-1:00 p.m..... \$169.00  
 10:00 a.m.-3:00 p.m..... \$229.00

- **Session 1:** June 4 - June 8
- **Session 2:** June 11 - June 15
- **Session 3:** June 18 - June 22
- **Session 4:** June 25 - June 29
- **Session 5:** July 5 - July 6
- **Session 6:** July 9 - July 13
- **Session 7:** July 16 - July 20
- **Session 8:** July 23 - July 27
- **Session 9:** July 30 - August 3
- **Session 10:** August 6 - August 10
- **Session 11:** August 13 - August 17

**FREE T-SHIRT**



**PIZZA PARTY ON FRIDAYS**

VISIT US ON FACEBOOK!!

WWW.IRCREC.COM

## SWIM LESSONS at NCAC and GAC

### NORTH COUNTY AQUATIC CENTER

9450 CR 512 • Sebastian, Florida  
(772) 581-7665



### GIFFORD AQUATIC CENTER

4895 43rd Avenue • Vero Beach, Florida  
(772) 770-5312



Look  
for...

## Learn to Swim 2012

### Group Classes

We offer swim lessons for ages 6 months to adults. Each session we offer a two week long course that includes eight - 30 minute classes. Classes are held Monday - Thursday. The cost is \$40.00 per session.

### Private Classes

Private lessons are also available for all ages. The cost is \$80.00 for four 30-minute classes. Call to schedule a time.

### Semi-Private Classes

Semi-Private classes are available for \$40.00 for four 30 minute classes. Call to schedule a time.

### Level Descriptions

#### Waterbabies (6 months to 2 years)

Exploring the pool, being comfortable in the water, experience floating on back and front, blowing bubbles, putting their faces in the water, and underwater exploration.

#### Pre-School A (3-5 years)

Enter and exit water safely, blowing bubbles, underwater exploration, experience floating, arm and leg movement, water safety rules.

#### Pre-School B (3-5 years)

Enter and exit water safely, bobbing underwater, rolling front to back, tread water, begin freestyle.

#### Levels 1 - 6 are for ages 6 & up

##### Level 1

Enter and exit water safely, blowing bubbles, underwater exploration, back float, front float, arm and leg movement, kicking, water safety rules.

##### Level 2

Enter and exit pool safely, bobbing underwater, tread water, front glide, back glide, begin freestyle.

##### Level 3

Bobbing underwater, tread water, front glide, back glide, freestyle, butterfly kick, begin sidestroke.

##### Level 4

Stroke improvement, swim underwater, begin breaststroke kick and arm motion, begin elementary backstroke, begin side glide kick.

##### Level 5

Stroke refinement, swim underwater, begin flip turns, freestyle, breaststroke, butterfly.

##### Level 6

Fitness swimmer, performing and swimming all four strokes with flip turns for four lengths of the pool.

The North County Aquatic Center will be kicking off registration for swim lessons on Saturday, May 5, from 9:00 a.m.-12:00 p.m. at the NCAC and 12:00 p.m. -3:00 p.m. at the GAC.

Call the NCAC  
or the GAC  
for more information  
on private, semi-private,  
or group swim lessons.

- ❖ Session 1  
June 4 - June 14
- ❖ Session 2  
June 18 - June 28
- ❖ Session 3  
July 9 - July 19
- ❖ Session 4  
July 23 - August 2
- ❖ Session 5  
August 6 - August 16

WWW.IRCREC.COM

VISIT US ON FACEBOOK!!!

THANK YOU  
TO OUR YEAR-ROUND  
SPONSOR



# Linus Automotive Group

Cadillac • BUICK® • GMC



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