Indian River County Recreation Department

Fall & Winter 2019-2020 Programs

Inside this issue:
Basketball, Baseball, Swim Programs and...

Surf into Winter with the Recreation Department!

Youth Sports Summit
Jan 18th

Daddy Daughter Dance
Feb 22nd

772.226.1732 | www.irrec.com | www.irrec.com/pools | www.IRCiG.com | iG@iregov.com | 1590 9th St. SW • Vero Beach, FL 32962
For detailed schedules and programs, visit us at www.ircrec.com or visit us on facebook.

Indian River County
Recreation Department
Located at the
Intergenerational Recreation Center
1590 9th Street SW
Vero Beach, FL 32962
772-226-1732
Fax: 772-978-1780

RECREATION DIRECTOR
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AQUATIC MANAGER
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RECREATION COORDINATOR
Scott Seeley

MARKETING & EVENT COORDINATOR
Jillian Sparks

RECREATION LEADERS
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Maria Vazquez
Andrew Edgcomb

STAFF ASSISTANT III
Jill Krebs

STAFF ASSISTANT I
Amy Glaser

Gifford Aquatic Center
4895 43rd Avenue
Vero Beach, FL 32967
772-770-5312
Fax: 772-770-5314

FACILITY SUPERVISOR
Katie Marleau

Intergenerational (iG) Recreation Center
1590 9th Street SW
Vero Beach, FL 32962
VENUE MANAGER
Rich Nalbandian

BUSINESS SUPPORT SPECIALIST
Nalia Bauer

RECREATION LEADER
Childeric W. Mouyaga

MAINTENANCE
Douglas Smith

Indian River County Ocean Rescue
2555 93rd Street
Town of Orchid, FL 32963
772-386-4492

BEACH OPERATIONS SUPERVISOR
Johnathan Billings

OCEAN RESCUE LIFEGUARDS
Eric Carson
John Dotsey
Matt Gilligan
Chris Henderson
Aaron Levy

Daniel Otto
Eric Ring
Chris Watkins
Scott Newkirk

North County Aquatic Center
9450 CR 512 • Sebastian, FL 32958
772-581-POOL (7665)
Fax: 772-581-4994

FACILITY SUPERVISOR
Holly Mullen

STAFF ASSISTANT I
Tabatha Voorhees

CPO/MAINTENANCE
Gregg Servaites

Published by
Indian River County Recreation Department
772-226-1732

Indian River County
County Commission
Bob Solari, Chairman
Susan Adams, Vice Chairman
Joseph Flescher
Peter D. O’Bryan
Tim Zorc

County Administrator
Jason E. Brown

Assistant County Administrator
Michael C. Zito

Tune in to Channel 27 for County News, Meetings, & Recreation information.
2019 - 2020 PROGRAMS

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A SPECIAL THANK YOU

During the course of a year, many local businesses and organizations assist the Recreation Department with sponsorships and in-kind services. Without the generosity of our community, the Recreation Department’s services would be greatly limited. On behalf of our youth and adult participants, we thank you.

The IRC Recreation Department

we encourage . . .

. . . and welcome everyone to participate in the programs made available by the Recreation Department. We make every effort to accommodate special needs within the framework of the activities. Financial assistance is available. All programs and activities listed in this brochure are open to all residents of Indian River County, regardless of location. For the convenience of our patrons, a specially designed wheelchair is available for use at the Gifford Aquatic Center and a specially designed chair lift is available for use at the North County Aquatic Center. For more information, call the Recreation Department at (772) 226-1732.

THANK YOU TO...
THE INDIAN RIVER COUNTY SCHOOL DISTRICT
FOR YOUR HELP!!
DISTRIBUTION DOES NOT IMPLY ENDOREMENT OR
RECOMMENDATION BY THE SCHOOL DISTRICT OF INDIAN RIVER COUNTY.
The Indian River County Intergenerational Recreation Center and Event Venue - iG Center is the county’s response to the growing demand for an indoor recreation facility. Its mission is to provide a state-of-the-art facility featuring diverse recreational programming to serve residents and user groups of all ages.

**FITNESS**

**BEGINNERS & WALK-INS ARE WELCOME TO ALL CLASSES.**

**YOGA** • iG’s low impact Yoga class, is designed to help you increase muscle strength, energy, metabolism and more.

**CHAIR YOGA** • Our low impact Chair Yoga class is a gentle form of yoga that is practiced sitting on a chair, or standing using a chair for support. Designed to help you improve strength and flexibility.

**QI-GONG** • Low impact Qi-Gong classes at the iG are designed to help you with stiff joints, tight tendons, balance, breathing and more.

**TAI CHI** • Is an ancient Chinese health care system that integrates physical postures, breathing techniques and focused intention.

**TANG SOO DO** • The ultimate way to get fit and stay fit while building confidence. Through Martial Arts, this class is designed to help one develop self-discipline, honing athletic skills geared to all ages.

**ZUMBA GOLD** • iG’s modified Zumba class creates the original moves at a lower intensity; the class focuses on all elements of fitness. Perfect for active adults.

**PILATES** • iG offers a Pilates class that harnesses technique from ballet, yoga and extensive Pilates studies that focuses on proper alignment and utilization of muscle groups.

**STRETCH/FLEX** • This class gives a great cardiovascular workout while remaining seated. The fun exercises are set to music and will build endurance and strengthen the heart.

**CARDIO STRONG** • This class incorporates cardio, balance, muscle toning and strengthening into a group exercise. Class is choreographed to music and is open to all ages and levels of expertise.

**BALLROOM SWING DANCE** • Ballroom Basics: Fundamentals/Beginner Swing and Dancing: West/East Coast Swing, Nightclub and Country 2 step. • Dance Lessons with Instructor are available by appt. only.

Any fitness instructors that would like to share their talents with the public, we have space available! Please contact us at 772-226-1732 or you can stop by and visit us at the iG Center.
Book Your Corporate Holiday Party Space Early and $ave* 10%!

*Must mention this ad, have contract signed and deposit paid prior to October 5, 2019 for 10% Off Discount to be valid.

iG your next event.

WEDDINGS

LARGE GATHERINGS

SEMINARS

iG your next event. Book your space today!

HOLIDAY PARTIES

BE A SPONSOR!

Sponsorship Opportunities:
- Events like the Daddy Daughter Dance
- A Team for Athletics • Banner at the Ballpark
- Large Ticket Items within the iG

Tremendous Interior Foot Traffic and 15,000 views of our Marquee on Oslo Road Make for Opportunity to have your business viewed like never before.
Before you fitness, Take a Pit Stop at...

- Stretch
- Motion
- Step
- Cycle

The Fit Stop @ iG

Before you fitness, Take a Pit Stop at...

- Stretch
- Motion
- Step
- Cycle

The Fit Stop @ iG

**PICKLEBALL**

9am-12pm
M • W • F

COME JOIN US!

5-8pm
Wed Only
(When Available)

$3 Per Session

12-1pm
Wed Only
(When Available)

Pickleball 101 Class for Beginners!

**CALLING ALL SPORTS ENTHUSIASTS!**

2nd ANNUAL

YOUTH SPORTS-SUMMIT

Jan 18, 2020

This is an opportunity for a 1 stop visit to collect any information on local sports.

Clubs, Camps, Start-ups of any kind.

**EVENT SPONSORSHIP & BOOTH SPACE AVAILABLE!**

CALL: 772-226-1729  Scott Seeley
ssealey@ircgov.com
Indian River County Recreation

Sandridge Golf Club
Vero Beach, Florida

Two Exceptional Courses
One Destination

Screen on the Green Movie Night!
Bring the Family November 16!

772.770.5000
www.golfsandridge.com
5300 73rd Street | Vero Beach, FL 32967

INIAN RIVER COUNTY
FLORIDA

Take Aim in Sebastian!
Public Range & Clays Facility
Checkout our NEW Hunter
Safety Education Classroom/Clubhouse

Home of the 2014 Master’s Championships

(772) 581-4944
GoShootingIRC.com

North County & Gifford
Aquatic Center

Indian River County

• Learn To Swim
• Swim Teams
• Water Safety
• Cert. Classes

• Party Rentals
• Groups/Camps
• Facility Rentals
• Private Parties

772-581-7665
www.ircrec.com/NCAC/

772-770-5312
www.ircrec.com/GAC/

Visit Us on Facebook!!!
Facts

- The facility has 18 lanes at 25 yards for lap swimming.
- The facility diving well has one meter and three meter diving boards.
- The Competition Pool has almost 1 million gallons of water.
- The Activity Pool has almost 185,000 gallons of water.
- The Activity Pool has a zero depth entry for easy entry to accommodate all ages.
- The Activity Pool has slides, water cannons, bubbles and a huge water play structure.

Indian River County Recreation Department facilities are Tobacco Free play areas.

**Hours of Operation**

**Competition/Lap Pool**

**FALL / WINTER / SPRING**

Mon. Wed. Fri. .. 6:00 a.m.-6:00 p.m.
Tues. Thurs. .......... 9:00 a.m.-6:00 p.m.
Sat. .......................... 9:00 a.m.-5:00 p.m.
Sun. .......................... 12:00 p.m.-5:00 p.m.

**SUMMER**

Mon. Wed. Fri. ...... 6:00 a.m.-6:00 p.m.
Tues. Thurs. .......... 9:00 a.m.-6:00 p.m.
Sat. .......................... 9:00 a.m.-5:00 p.m.
Sun. .......................... 12:00 p.m.-5:00 p.m.

**Activity Pool / Splash Pool**

**Closed:**

September 30, 2019 - March 21, 2020

**OPEN WEEKENDS ONLY**

August 10 - September 29, 2019
Sat. .......................... 9:00 a.m.-5:00 p.m.
Sun. .......................... 12:00 p.m.-5:00 p.m.

**Admission Fees**

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<thead>
<tr>
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<th>Daily</th>
<th>1 Month Pass</th>
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<td>3 yrs.-12 yrs.</td>
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**AquaFit**

Move along to music as you perform instructor-guided moves designed to improve cardiovascular function, increase core strength, develop better balance, and burn calories. Let’s make the water work for you. These low impact, high energy workouts are sure to make fitness fun year-round!

- **Ages:** All Ages
- **Days:** Year-Round Tuesdays & Thursdays 9:30-10:30 a.m.
- **Fee:** $4.00 per class or you can purchase a punch card for $28 for 8 classes.
- **For more information, contact the North County Aquatic Center at (772) 581-7665.**

**CHECK US OUT ON FACEBOOK**

**HOURS SUBJECT TO CHANGE** due to holidays and rentals. Please call or check the event calendar on our webpage [http://www.ircrec.com/pools](http://www.ircrec.com/pools).

**PARENTS PLEASE NOTE:** Children under the age of thirteen must have parental supervision at the County pools. Children 13-17 must have a waiver on file to use the facility without parental supervision. Children two and under must wear a swim diaper (for sale at Center).

**DID YOU KNOW? . . .**

- 525 swim lessons taught
- Nine Red Cross Lifeguard classes offered producing 49 new certified lifeguards
- Two Red Cross Water Safety Instructor Classes offered
- Junior Lifeguarding class offered
- One Emergency Response Class offered

**COME CELEBRATE WITH US**

What better way to celebrate your next party or family reunion than with a pool party! Rental opportunities at the North County Aquatic Center include an indoor meeting room, outdoor shade structures, or private facility rentals. To schedule your next event, contact the North County Aquatic Center at (772) 581-7665.

**Inside Room with AC, Tables and Chairs**

**Rental Times:** Monday - Saturday 9:30-11:30; 12:00-2:00 or 2:30-4:30   Sundays: 12:00-2:00 or 2:30-4:30

(You will have 15 minutes before your start time and 15 minutes after your ending time to clean up).

**Fees:** 2 hour rental $100, includes entrance for up to 20 people plus the birthday child and his/her parents. Additional guests will be charged the regular daily rate. Additional 2 hour rental for the room: $75.00.

**Shade Structure with Two-6 Foot Tables Next to the Pool**

**Rental Times:** Saturdays: 9:00 am-12:30 pm; 1:00-4:30 pm   Sunday - Friday: 12:30 pm-4:30 pm

**Fees:** 3½ hour rental $50 (does not include entrance fees) (May purchase 1 day entrance tickets ahead of time for your guests).

**Facility Rental** (Includes Both Pools, Deck Space and Lifeguards)

**Rental Times:** Before or after regular operating hours

**Fees:** $250 per hour (2 hour minimum)

*All private parties must be booked at least 2 weeks in advance with a signed contract.*
Treasure Coast Swimming Conquistadores (USS)

- Coaches: Scott Barlow and Holly McClain
- Phone: (772) 713-6591
- Website: http://www.treasurecoastswimming.com
- Ages: All
- Dates: Monday - Saturday
- Times: Mornings and afternoons
- Fee: Contact coach for information

Lifeguard Class
Must be able to swim 300 yards Freestyle and Breaststroke without stopping, and retrieve a 10 lb. brick from 12 6” of water.
There is a 5 person sign up minimum. The course includes the following Red Cross Certifications:
- CPR for the professional rescuer
- AED essentials
- Lifeguard training and First Aid
- Oxygen Administration
- Ages: Minimum 15 years old
- Location: North County Aquatic Center
- Call for Dates and Fees
- For more information and to register, contact the North County Aquatic Center at (772) 581-7665.

Mile Swim Club
Lap swimming is now more exciting! All ages are welcome to join our Mile Swim Club.
Get started by setting a personal goal, whether you want to swim 5 miles or 500. Sign up all year long by visiting our aquatics desk. Annual membership $5.00, valid January-December. Then, simply track the number of laps you swim across the pool and record your mileage on the Club clipboard located outside the aquatics office. Leave the rest to us, as we track your mileage for you. It’s that easy!

Benefits:
- Year-round Mileage Tracking
- All participants will receive a yearly certificate indicating the total miles swam.
- All participants will receive an exclusive monthly newsletter including club standings, swim tips and workouts.
- Exclusive club events, including the end of the year potluck and recognition ceremony.

Official Club Certificate (indicating annual swim distance).
Swimmers who swim 100 miles at North County and Gifford Aquatic Centers, within the year, will receive an exclusive 100 Mile Swim Club T-shirt

Sign up today and just keep swimming!

Early Bird Lap Swimming
Looking for an early morning workout before you go to work? The North County Aquatic Center has lap swimming Monday, Wednesday, and Friday mornings, starting at 6:00 a.m.
For more information, please call the North County Aquatic Center at (772) 581-7665.

Go to: www.swimtrainflorida.com for lane rentals at NCAC

Dive Team
For more information, contact Coach Jim Kelly, 781-264-3212
www.ospreyzapdiving.com
Ages: 6 and up

Lightning Bolt Swimming (Recreational)
- Coach: Bill Bolton
- Phone: (772) 321-6056, Coach Bill
- Website: http://www.boltaquatics.com
- Ages: 4-18
- Dates: Monday - Saturday
- Times: Mornings and afternoons
- Fee: Contact coach for information
SWIM LESSONS at NCAC and GAC

NORTH COUNTY AQUATIC CENTER - 9450 CR 512 • Sebastian, Florida (772) 581-7665
GIFORD AQUATIC CENTER - 4895 43rd Avenue • Vero Beach, Florida (772) 770-5312

WWW.IRCREC.COM

Baby and Me Classes
6 months to 2 years
Caregivers and children learn together to increase a child’s comfort level in the water and build a foundation of basic skills, such as arm and leg movements and breath control. The two levels are fun-filled and help introduce water safety concepts.

Preschool 1 - 3-5 years
Preschoolers first introduction to fundamental swimming skills and water safety. Student must be comfortable in the water without guardian. Skills: blowing bubbles, face submersion, entries/exits, assisted glides and floats.

Preschool 2 - 3-5 years
Preschoolers build on fundamental swimming skills and water safety. Student must be comfortable gliding, rolling and floating with support. Skills: Underwater exploration, entries/exits, treading, increased distance with assisted front/back glide.

Preschool 3 - 3-5 years
Advanced preschoolers who are ready to swim independently and want to begin stroke development. Skills: increasing endurance and distance with front and back strokes, treading, roll over glides, underwater exploration.

Introduction Level 1 - 6 years to adult
Student may have little to no experience with swimming. Emphasis on becoming comfortable and safe in the water. Introduced: entries/exits, blowing bubbles, kicking, face submersion, assisted front/back glides.

Beginner Level 2 - 6 years to adult
Students must be comfortable in the water, glide on their front with face in the water and roll to their back and float. Skills introduced: entries/exits, rotary breathing, tuck floats, increased distance, treading and changing direction.

Stroke Development Level 3 - 6 years to adult
Students must be able to swim with combined arm and leg actions on front and back for up to 10 body lengths. Skills: entries, treading, rotary breathing, water safety skills and stroke and kick development.

Stroke Improvement Level 4 - 6 years to adult
Students must be able to swim front stroke for 15 yards, roll to back and swim additional 15 yards. Skills introduced: headfirst entries, diving, treading, front crawl, backstroke, br

15-25 yards each. Skills introduced: Deep water diving, treading and sculling, refining stroke techniques, flip turns, water safety and survival skills.

The Learn to Swim program is designed to teach infants, children, teens, and adults to swim in a fun, positive, and safe environment. Our team of experienced instructors are passionate about providing instruction emphasizing aquatic skills to enhance comfort around water, stroke proficiency, and water safety in a logical progression. Lessons are offered as private (year-round) or in a group of participants (summer).

A SPECIAL THANKS
TO OUR INDIAN RIVER COUNTY RECREATION DEPARTMENT PART-TIME LIFEGUARDS AND STAFF ASSISTANTS

NCAC Part-time Staff Assistant: Tito Nieves
NCAC Part-time Lifeguards
Delaney Adkins
Hunter Beach
Andrew Gallegos
Lauren Hogue
Edward Nelson
NCAC Part-time Maintenance: Donald Heinze

GAC Part-time Staff Assistant: Candace Nowak / Chastity Gibson
GAC Part-time Lifeguards
Riley Bramlett
Murray Baker
Connor Cartwright
Taylor Hatton
Siguard Stenmark
GAC Part-time Maintenance: Dennis Bishop

Ocean Rescue Part-time Lifeguards
Dan Elward
Michael Flinn
Emily Shepherd
Kayla Stevens

Inclement weather conditions at the North County Aquatic Center and the Gifford Aquatic Center may result in the temporary closing of the pool at Management’s discretion. This policy is in place for the safety and well being of swimmers and the facility. In the event of an electrical storm, patrons will be notified by the Thorguard lightning prediction system. The system will sound one loud air horn for 15 seconds when a storm is approaching. Patrons will be required to leave the facility immediately. The system will sound three, 5 second air horn blasts when the area is clear of the electrical storm and it is safe to resume activities. We will issue pool passes to patrons who have been at the facility less than two hours if the facility is closed for weather conditions. Patrons must have a receipt to receive a pool pass.
POOL AND OCEAN LIFEGUARD POSITIONS

If you are interested in becoming a Full-Time or Part-Time Lifeguard, please call one of the Indian River County Recreation Department Aquatic facilities listed below. Call to see if we have Part-Time Lifeguard positions available or to register for a Lifeguard class.

NORTH COUNTY AQUATIC CENTER
Lifeguard Certification Requirements:
Part-Time: Lifeguard, CPR-PR, First Aid

GIFFORD AQUATIC CENTER
Lifeguard Certification Requirements:
Part-Time: Lifeguard, CPR-PR, First Aid

OCEAN RESCUE
Lifeguard Certification Requirements:
Part-Time: 1st Responder, CPR-PR, First Aid
Full-Time: EMT and CPR-PR, First Aid

For more information, call the IRC Ocean Rescue Office at (772) 226-1732 or (772) 388-4492.

A special thanks to . . . DOUG STUART . . . for contributing the rescue boards to the IRC Jr. Ocean Lifeguard Program.

Special Olympics Florida

Look for the 2019 Special Olympics State Aquatics Championship October 5 & 6, 2019 at the North County Aquatic Center

VOLUNTEERS NEEDED
Please call 772-226-1732 to sign up!

NCAC and CAC Hours and Closures

Veterans Day
Monday, November 11, 2019... 10:00 am-3:00 pm

Thanksgiving Day
Thursday, November 28, 2019...........closed

Day After Thanksgiving
Friday, November 29, 2019..................closed

Christmas Eve
Tuesday, December 24, 2019.............closed

Christmas Day
Wednesday, December 25, 2019..........closed

New Year’s Day
Wednesday, January 1, 2020 ..10:00 am-3:00 pm

Martin Luther King, Jr. Day
Monday, January 20, 2020 ...... 10:00 am-3:00 pm
Facts
- The facility can accommodate a swim load of up to 243 persons. Another 200 non-swimming can be on the pool deck.
- The facility has a zero depth entry pool with the deepest area at 5 feet.
- The pool holds over 185,000 gallons of water.
- The facility has a party/meeting room that can be rented by the hour. Please call (772) 770-5312 for rates.
- Two enclosed slides that twist and turn.

Indian River County Recreation Department facilities are Tobacco free play areas.

Mile Swim Club
Want to stay motivated to reach your swim goals? Join the IRC Aquatics Mile Swim Club. Record how far you swim on the log provided at one of our aquatic facilities and we will track your miles for you. Annual certificates and awards presented. Open to all ages 3 and up.

Lightning Bolt Swimming (Recreational)
- Coach: Bill Bolton  •  Ages: 4-18
- Phone: (772) 321-6056, Coach Bill
- Website: http://www.boltaquatics.com

Treasure Coast Swimming Conquistadores (USS)
- Coaches: Scott Barlow and Holly McClain
- Phone: (772) 713-6591
- Website: http://www.treasurecoastswimming.com
  • Ages: All
  • Dates: Monday - Saturday
  • Times: Afternoons
  • Fee: Contact coach for information

DID YOU KNOW? ... 
- The GAC also has an 18 x 24 air-conditioned party room that is available for party rentals, meetings and training events.
- Swim Lessons are available on a year-round basis at GAC. Group and Private Lessons are available. Scholarships may be available. Ask us if you qualify.
- GAC hosts several competitive swim teams.
- The GAC is also an approved center for signing up for county youth sports and various events.

Birthday Party, Family Reunion, Business Meeting ... have your next big event here!

Birthday Party, Family Reunion, Business Meeting ... have your next big event here!

Come Party With Us!!!
Rentals during normal hours:
- Indoor Party Room: $35 plus tax per hour (includes admission for 30 guests)
- Two hour minimum on room rentals
- Large Outdoor Shade Structure: $20 plus tax per hour (guest admission not included)
- Small Outdoor Shade Structure: $15 plus tax per hour (guest admission not included)

After hours rentals (Closed to the Public):
- $175 plus tax per hour, includes exclusive use of the facility
* All Rentals require a signed contract and payment in full at the time of booking *
Please note: Hours of operation change with the seasons.
Please make note of our hours when scheduling your event.

Admission Fees
- Daily: (Mon.-Fri.)
  - 0-2 yrs. FREE
  - 3 yrs.-12 yrs. $1.50 plus tax
  - 13 yrs.-54 yrs. $3.00 plus tax
  - 55 yrs. + $1.50 plus tax
- Weekends $3.00 + tax for everyone ages 3 and older
- 1 Month Pass:
  - Single person - $15 plus tax
- 3 Month Pass:
  - Single person - $30 plus tax
- Each Additional Family Member: $20 plus tax
- Annual Pass:
  - Single person - $120 plus tax
  - Each Additional Family Member: $80 plus tax

Hours of Operation
- August 12, 2019 - Spring 2020
- Monday…………………………………………………… closed
- Tuesday-Friday………………………………… 10:00 a.m.-6:00 p.m.
- Saturday…………………………………………. 10:00 a.m.-5:00 p.m.
- Sunday……………………………………………… 12:00-5:00 p.m.

PARENTS PLEASE NOTE:
Children under the age of thirteen must have parental supervision at the County pools. Children 13-17 must have a waiver on file to use the facility without parental supervision. Children two and under must wear swim diaper (for sale at Center). Only Coast Guard approved flotation devices allowed at county pools.

MILE SWIM CLUB
• Coaches: Scott Barlow and Holly McClain
• Phone: (772) 713-6591
• Website: http://www.treasurecoastswimming.com
• Ages: All
• Dates: Monday - Saturday
• Times: Afternoons
• Fee: Contact coach for information

We want to stay in touch with you! Subscribe to our quarterly Indian River Aquatics Splash News E-Newsletter and special announcements. To join our email list, forward your name and email address to splashnews@ircgov.com.

Family Fun Night
- Friday, December 13, 2019 ........ 5:00 p.m.-8:00 p.m. (5:00-6:00 p.m. Games • 6:00-8:00 p.m. Movie)
  - Showing: “The Santa Clause” with games and activities for everyone in the family. Free Admission
  - Movie will be viewable from the deck. Bring chairs and blankets. Public swimming will not be permitted during movie presentation.
  - 13 and under must be accompanied by an adult; 13 and over must have a signed waiver by a guardian.

Community Connection
Join us once a month for free information sessions in the classroom at our facility. This is an opportunity to learn, connect, and share. Visit our Facebook page or join our splash news to view each month’s topic and schedule. All community connections are FREE!
**YOUTH ATHLETICS**

**Program Locations**

- Richard N Bird Park - 800 20th Avenue S.W.
- North County Regional Park - 9450 CR 512
- iG Center - 1590 9th Street SW
- Kiwanis Hobart Park - Corner of 58th Avenue and 77th Street
- Indian River County Fairgrounds - 7955 58th Avenue
- Victor Hart Sr. Community Enhancement Complex - 4715 43rd Avenue

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**Spring Tot Time Tee Ball**

Tee-Ball is an introduction to baseball, designed for boys and girls ages 4-5. Recreation Department staff act as coaches, to provide on-field instruction. Emphasis is on sportsmanship, fundamentals and lots of fun!! Registration fee includes a hat, player jersey and a season ending medal. Parent participation is required.

- **Ages:** 4-5 Years Old. Playing age is the age of the child on May 31, 2020
- **Dates:** Registration **begins** January 18, 2020 and **ends** March 13, 2020.
- **Clinic/Games:** Begin Saturday, April 4, 2020
- **Locations:** Games will be played at Richard N. Bird Park (South County), North County Regional Park and the Kiwanis Hobart Park.
- **Fee:** Player Fee: $45.00
- **Sponsor Fee:** $150.00 Per Team
- **Contact:** The Recreation Department at (772) 226-1732 for more information.

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**Spring Mighty Mite Baseball**

Mighty Mite Baseball is a co-ed coach pitch baseball league. The teams have volunteer coaches and will hold practices. The emphasis is placed on sportsmanship and learning the fundamentals of the game of baseball. All players receive a jersey, a team hat and a season ending trophy. A Birth Certificate is **REQUIRED** at Registration.

- **Ages:** 6 and 9 years of age. Playing age is the age of the child on May 31, 2020.
- **Games:** TBD
- **Locations:** Games will be played at Richard N. Bird Park (South County), North County Regional Park and the Kiwanis Hobart Park.
- **Fee:** Player Fee: $45.00
- **Sponsor Fee:** $150.00 Per Team
- **Contact:** The Recreation Department at (772) 226-1732 for more information.

---

A birth certificate is required for all youth registration.

**IN CASE OF INCLEMENT WEATHER, CALL 772-226-1938**

**For more information . . .**

On coaching, sponsoring a team, officiating, or to inquire about recreation programs, please call (772) 226-1732.

**REMEMBER,** volunteer coaches and team sponsors are essential for the success of all youth recreation programs.
**YOUTH COACHES**

*NYSCA* CERTIFICATION CLINIC

The National Youth Sports Coaches Association program is a certification program to assist coaches working with various sports programs. The clinics explain the dynamics of the psychological, emotional, and skill development in young players. Video tapes explaining first aid, injury prevention, and highlights skills and techniques for teaching fundamentals will be shown. Coaches who become certified receive the following benefits:

- $1,000,000 Liability Insurance
- NYSCA member handbook
- Quarterly coaching newsletter
- A certificate of completion

For information regarding golf programs, call Bela at Sandridge Golf Course

772-770-5003

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**YOUTH ATHLETICS**

**Spring Junior Youth Baseball (9-12 Year Olds)**

This Co-Ed League is geared to teach the fundamentals of baseball in a fun and enjoyable atmosphere. The players will be playing baseball in the traditional sense of the game. All players receive a hat, jersey, and a season ending medal. New players will be selected through a draft. **A Birth Certificate is REQUIRED at Registration.**

- **Ages:** Each player must be 9 and not turn 13 before June 24, 2020.
- **Games:** Played Monday and Thursday evenings.
- **Locations:** Games will be played at Richard N. Bird Park (South County), the Kiwanis Hobart Park and Commissioner Fran B. Adams Park (North County).
- **Fee:** Player Fee: $45.00  
  **Sponsor Fee:** $150.00 Per Team
- **Contact:** The Recreation Department at (772) 226‑1732 for more information.

**Spring Senior Youth Baseball (13-16 Year Olds)**

This Co-Ed League is geared to teach the fundamentals of baseball in a fun and enjoyable atmosphere. The players will be playing baseball in the traditional sense of the game. All players receive a hat, jersey, and a season ending medal. New players will be selected through a draft. **A Birth Certificate is REQUIRED at Registration.**

- **Ages:** Each player must be 13 and not turn 17 before June 24, 2020.
- **Dates:** Registration begins January 20, 2020. Clinic will be held on Friday, April 3, 2020. Season begins April 27, 2020.
- **Games:** Played Monday and Thursday evenings.
- **Locations:** Games will be played at Richard N. Bird Park (South County), the Kiwanis Hobart Park and Commissioner Fran B. Adams Park (North County).
- **Fee:** Player Fee: $45.00  
  **Sponsor Fee:** $150.00 Per Team
- **Contact:** The Recreation Department at (772) 226‑1732 for more information.

Juniors and Seniors will have drafts. **Draft Clinics will be held April 2, 2020 and April 3, 2020.**
**Winter Youth Basketball**

This is a Co-Ed Basketball program that is designed to teach the basic fundamentals of basketball, teamwork, and good sportsmanship. The teams have volunteer coaches who will hold practices for their team.

A Birth Certificate is **REQUIRED** at Registration.

- **Age Divisions:** Tot Time 4-5    Mighty Mites 6-8    Midgets 9-10    Juniors 11-12    Seniors 13-15
  
  * Player must be playing age by March 2, 2020
- **Dates:** Registration **begins** October 1, 2019 thru November 15, 2019.
- **Games:** Monday, Wednesday, Friday, Saturday
- **Locations:** iG Center, 1590 9th Street SW, Vero Beach
  Sebastian River Middle School
  Oslo Middle School
  Sebastian River High School
- **Fee:** Player Fee: $45.00    **Sponsor Fee:** $150.00 Per Team
- **Request:** Team or player request will be honored for the first five (5) requests per team for Mighty Mite (6-8)!!!
  Request will not be honored for Junior / Senior or Midgets Divisions.
- **Draft Clinics:**
  - **Midget (9-10)** draft clinics will be held Saturday, November 23, 10:00 a.m.-12:00 p.m. and Monday, December 2, 6:00-8:00 p.m.
  - **Juniors (11-12)** draft clinics will be held Saturday, November 23, 10:00 a.m.-12:00 p.m. and Monday, December 2, 6:00-8:00 p.m. at the iG Center.
  - **Seniors (13-15)** draft clinics will be held Saturday, November 23, 10:00 a.m.-12:00 p.m. and Monday, December 2, 6:00-8:00 p.m. at the iG Center.
- **Draft:** The Draft will be held on December 3, 2019. All registered players will be drafted on a team.
- **Contact:** The Recreation Department at (772) 226-1732 for more information.

A birth certificate is required for all youth registration.

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An Invitation . . .

**We want to invite you to West Wabasso Park on 64th Avenue & 89th Place.**

Look for our special events and programs such as baseball, basketball, football, softball, and tee ball. Volunteers and sponsors are needed.

**Our children are our future - Please invest in our future!**

For more information, call Eugene Douglas at (772) 226-1732

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**SPONSORS NEEDED**

If your Group, Foundation, or Organization would like to help sponsor one of our programs or events, please call: (772) 226-1732 for information.

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**WHEN CAN I PLAY?**

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<th>FALL 19 (Sept.-Dec.) Register</th>
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<th>WINTER 19-20 (Dec.-Feb.) Register</th>
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<th>SPRING 20 (March-May) Register</th>
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<td>Mighty Mite Baseball</td>
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**BECOME A SPONSOR**

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15
YOUTH ATHLETICS

The Indian River County Recreation Department is sponsoring a “Spring Break Camp” at the iG Center. Activities will include: Basketball, Kickball, Dodgeball, Pickleball, Volleyball, Flag Football, Bingo, Relays, Movies and more. Come join the fun at the iG Center located at: 1590 9th Street SW.

- **Camper’s Age:** Boys and Girls, 8-12 years old.
- **Dates:** Monday, March 23 thru Friday, March 27, 2020
- **Registration:** January 27 thru March 20, 2020
- **Camper Fee:** $75.00 for the week. Siblings: $60.00 for the week
- **iG Location:** 1590 9th Street SW, Vero Beach, Florida 32962
- **Schedule:**
  - 7:30-8:30 a.m. Drop off at the iG Center
  - 8:30-11:30 a.m. Outdoor Activities
  - 11:30 a.m.-12:30 p.m. Lunch (Campers are required to bring their own lunch)
  - 12:30-4:30 p.m. Indoor Activities
  - 4:30-5:30 p.m. Pick up at the iG Center
- **Camper’s Info:** Please put camper’s information on all belongings. Recreation Department will not be responsible for any stolen cell phones, iPods, or other electronics.
- **Concessions:** Campers will have the option of buying snacks from our vending machine. Parents are welcome to set up an account for the week or provide payment daily if they wish to purchase snacks or drinks.
- **Behavior:** All parents will be required to sign a code of conduct for their child in order to participate in Spring Break Camp. All campers are to be polite, courteous, and well-behaved during Spring Break Camp. Any camper who cannot follow directions, uses profanity, fights, or bullies other campers will be sent home and not allowed to return. Any child sent home for behavioral issues will not receive a refund.

**Volunteers Make a Difference**

The Recreation Staff would like to extend their heart-felt thanks to all volunteers who contribute to our mission “prevention and intervention through recreation.” The dedication of these individual talents along with the many, many volunteer hours, affords the Recreation Department the opportunity to serve numerous children.

The annual amount of Adult Volunteer hours totals nearly 20,000. This equals an approximate dollar value of $139,000. Our children and our community benefit from our volunteers selfless dedication of time, effort, and energy. Call 772-226-1732 for more information or to sign up.

*We thank you. We applaud you. We need you.*
ADULT ATHLETICS

5 on 5 Adult Basketball

The Indian River County Recreation Department is happy to announce the Upcoming Fall 5 on 5 Adult Basketball. The season will include 10 games and single elimination tournament.

• Ages: 18+
• Season Begins: Fall Season - September 24, 2019 • Spring Season - April 28, 2020.
• Dates and Times: Tuesdays and Thursdays, 6:30 p.m., 7:30 p.m., and 8:30 p.m.
• Manager Meeting
  Deadline Dates: Fall Season Manager Meeting, August 27, 2019 at 6:00 p.m.
  • Team Fee Due: September 13, 2019
  • Player Contracts Due: September 20, 2019
  Deadline Dates: Spring Season Manager Meeting, April 1, 2020 at 6:00 p.m.
  • Team Fee Due: April 17, 2020
  • Player Contracts Due: April 24, 2020
• Location: iG Center, 1590 9th Street SW, Vero Beach
  • Team Fee: $450.00
  • Team Roster: 12 player maximum, 7 player minimum
  • Contact: Andrew Edgcomb, 772-226-1195, aedgcomb@ircgov.com

Please Note

No refunds will be made. Credits for amount of the program/class will be issued. There is an additional program fee of $25.00 for out-of-county adult participants.

YOUR BUSINESS AD COULD BE HERE
Get the most for your advertising dollar by promoting in this catalog.
11,000 copies distributed County Wide!!

Call Mike Redstone at (772) 226-1732 for information.

COMMUNICATIONS INTERNATIONAL, INC.

Mike Reed
Branch Manager

4450 U.S. Hwy. 1, Vero Beach, FL 32967
Telephone: (772) 569-5355 • Fax: (772) 567-2292
Toll Free: (888) 275-4244
mreed@ask4cii.com
Web site: www.ask4cii.com
The Indian River County Recreation Department is happy to announce the upcoming Co-Ed Slow Pitch Softball League. Sponsor fee covers up to 20 players, trophies, awards and a twelve game season.

- **Ages:** 18+
- **Managers Meeting:** Mandatory Managers Meeting to be held at 7:30 p.m. at the Recreation Department iG Center for South County Leagues.

**Manager Meeting Dates**
- **Fall:** September 17, 2019
- **Winter:** January 8, 2020
- **Summer:** May 6, 2020

**Team Deadline Dates**
- **Fall:** September 20, 2019 - Sponsor Fees Due
  - September 27, 2019 - Player Contracts Due
- **Winter:** January 17, 2020 - Sponsor Fees Due
  - January 24, 2020 - Player Contracts Due
- **Summer:** May 15, 2020 - Sponsor Fees Due
  - May 29, 2020 - Player Contracts Due

**Season Start Dates**
- **Fall:** October 7, 2019
- **Winter:** February 3, 2020
- **Summer:** June 8, 2020

**Day & Times:** Tuesdays, 6:30 p.m., 7:30 p.m. and 8:30 p.m.

**Location:** iG Center, 1590 9th Street SW, Vero Beach • Richard N. Bird Park

**Fee:** $350.00

**Team Roster:** 20 player max, 15 player min.

**Contact:** Andrew Edgcomb, (772) 226-1195, aedgcomb@ircgov.com

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The Indian River County Recreation Department is happy to announce the upcoming Men’s Slow Pitch Softball League. Sponsor fee covers up to 15 players, trophies, awards and end of season tournament.

- **Ages:** 18+
- **Managers Meeting:** Mandatory Managers Meeting to be held at 6:00 p.m. at the Recreation Department iG Center for both North and South County Leagues.

**Manager Meeting Dates**
- **Fall:** September 17, 2019
- **Winter:** January 8, 2020
- **Summer:** May 6, 2020

**Team Deadline Dates**
- **Fall:** September 20, 2019 - Sponsor Fees Due
  - September 27, 2019 - Player Contracts Due
- **Winter:** January 17, 2020 - Sponsor Fees Due
  - January 24, 2020 - Player Contracts Due
- **Summer:** May 15, 2020 - Sponsor Fees Due
  - May 29, 2020 - Player Contracts Due

**Season Start Dates**
- **Fall:** October 7, 2019
- **Winter:** February 3, 2020
- **Summer:** June 8, 2020

**Days & Times:** Mondays and Wednesdays, 6:30 p.m., 7:30 and 8:30 p.m.

**Location:** iG Center, 1590 9th Street SW, Vero Beach • Fran Adams Park • Richard N. Bird Park

**Fee:** $500.00

**Team Roster:** 20 player max, 15 player min.

**Contact:** Andrew Edgcomb, (772) 226-1195, aedgcomb@ircgov.com

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IN CASE OF INCLEMENT WEATHER, CALL 772-226-1938
SPECIAL EVENTS

Santa Calling

Santa Claus has made Indian River County Recreation Department one of its few locations for families to share what they would like for Christmas. Please stop by the Indian River County Recreation Department at the iG Center and fill out Santa’s Special Form for your child to receive a phone call from the North Pole.

Registration starts November 11, 2019.

- **Ages:** Infant to 7
- **Date:** December 12, 2019.
- **Deadline for Santa’s Special Form to be returned:** December 12, 2019.
- **Time:** 5:30 p.m.- 8:30 p.m.
- **Location:** North Pole
- **Fee:** FREE
- **For more information, contact Scott Seeley (772) 226-1732.

Dr. Martin Luther King Parade - January 20, 2020

Line up will be on 37th Street and 19th Avenue in Vero Beach west of IRMC and one block east of U.S. 1.

Starting line up will begin at 6:00 am. The parade will kickoff at 10:00 am.

**THE PARADE ROUTE WILL BE:**

Travel north on Old Dixie Highway to 45th Street. Once on 45th Street, travel west to 43rd Avenue and then north to Gifford Park - 4680 43rd Avenue.

The parade ends at Gifford Park.

We encourage everyone to join us by entering a float in this great event.

Come one, Come all. Enjoy a full day of entertainment and good food.

**For more information, please contact Larry Staley at (772) 794-1005 or (772) 360-8877.**

19th Annual Daddy Daughter Dance

The 19th Annual Daddy Daughter Dance will bring fathers and daughters together for an elegant night of entertainment.

Registration forms will be available January 20, 2020.

- **Ages:** 3 to 11
- **Location:** iG Center, 1590 9th Street SW
- **Time:** 6:00 p.m.-8:30 p.m.
- **Fee:** $40.00 plus tax ($42.80) per couple, $10.70 each additional child ($53.50).
- **Date:** Event will be held February 22, 2020.

Deadline for all applications is February 14, 2020, or the first 250 couples.

- **For more information, please call the Recreation Department at (772) 226-1732.**

Look for the 2019 Special Olympics State Aquatics Championship

**October 5 & 6, 2019**

**at the North County Aquatic Center**
SPECIAL EVENTS

SUPER SIZE YOUR FUN!

IRC Recreation is bringing 20 feet of Movie Screen for SUPER sized FUN all over town!

- OCT 19
- NOV 16
- DEC 14
2019

STAY TUNED
to our Facebook,
e-blasts & more
for Movie titles
& details!

Be part of our e-blast: e-mail jsparks@ircgov.com and say ADD ME!

LOCATIONS OF LIBRARIES

Check out the many programs available at a library near you!

IRC Main Library
1600 21st Street • Vero Beach

Brackett Library
(Mueller Campus of IRSC)
6155 College Lane • Vero Beach

North County Library
1001 Sebastian Blvd.
Sebastian

Indian River County Recreation Department facilities are Tobacco Free play areas.
THANK YOU TO OUR SPONSORS

Team Sponsors

17th Street Salon
A1A Moving and Storage LLC.
A1A Technology
Ag Sales
All County
Always in Bloom
Barker Air Conditioning
Big Little Guys
Billero & Billero Properties
Calvary Baptist Church
Calvary Chapel
CARTER
Center City Tavern Saussie Pig
Chuck Stone Painting
Dagwood’s
Dr. Venazio
Dupont Tax Resolution
Eric’s Automotive
Family Matters
Flood Irrigation Inc.
Florida Eye Institute
Florida Frog Leg Festival
Flowers Lawn Service
Flying Pig Ranch & Rescue
Forever Loving Hands Inc.
Formula 1
Gifford Aquatic Center
HHM Landscaping
I & K Lawncare
iG Center www.IRCiG.com
Indian River Primary Care
Jasfitness.com
Jim Rott Home Improvement
John Knudsen Tile
Keystone Trucking
LCP Fencing
Locks Automotive
Longevity Rehab Center
Lowther Funeral Home
Lucas Roofing
Marine Bank
Meeks Plumbing
MidCoast Tire
Mike Young Dale Sorensen Real Estate
Mike’s Wrecker Service
Miss Barbara’s I Can Swim Program
Molinari Pools
Moneyhan Electric
Mrs. Mac’s Fillin Station
N.Y. Barber Shop
Nationwide Restoration
Neal Legal Nurse Consultants
New Vision
Next Home Santana Real Estate
Oasis Pools and Spa
Orchid Island Golf & Beach Club
Perfect Stix
Perfect Way Pavers Inc.
Photography by Michael Siegel
Precision Cuts
Regal Carpet Cleaning
Renaissance Senior Living
Rooter One
Roy Bell Grading Service
RZL Management
Sandridge Golf Club
Star Quality Air Conditioning
Stone Law Firm
Strunk Funeral Home
Tampoprint
TC Enterprise
TCEP
TEAM Everglades
Temp Control
Toyota of Vero Beach
Tree of Life for Healing & Wellness
True Quality Logistics
Vatland
Vero Beach Academy
Vero Beach Hotel and Spa
Vero Beach Nazarene Church
Vero Beach Neighborhood
Vero E.N.T.
Vero Glass
Vittorio’s Pizza
White Glove Moving & Storage
World of Beauty
Wrights Windows
Warren Landscape Specialists
Crossover Mission
Indian River County has a wide array of parks for the enjoyment of its residents. Services and facilities vary. Those marked with an asterisk (*) have extensive facilities, which may include playgrounds, picnic tables and grills, landscape maintenance, walking trails, public telephones, boat launching ramps, and restrooms.

**Ocean Beach Parks Guarded**
Lifeguards on duty 9:10 a.m.-4:50 p.m.
- **Golden Sands Beach Park** - 10350 North A1A, (772) 581-4995
- **Tracking Station Beach Park** - 800 46th Place, (772) 492-2411
- **Wabasso Beach Park** - 1820 Wabasso Beach Road, (772) 581-4998
- **Round Island Beach Park** - 2205 South A1A, (772) 492-2412

**Ocean Beach Parks Unguarded**
- **Treasure Shores Beach Park** - 11300 A1A

**Ocean Beach Access**
No Lifeguards on duty
- **Ambersand Beach Access** - 12566 North A1A, 2.5 miles north of CR 510
- **Seagrape Trail Beach Access** - 8302 North A1A, 2 miles south of CR 510
- **Turtle Trail Beach Access** - 8102 North A1A, 2.5 miles south CR 510

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Those marked with an asterisk (*) have extensive facilities, which may include playgrounds, picnic tables and grills, landscape maintenance, walking trails, public telephones, boat launching ramps, and restrooms.

**Parks on the Indian River • Vero Beach**
- **Oslo Boat Launch** - 9th Street SW
- **Round Island Park - West** - South SR A1A at County line

**Parks on the Indian River • Wabasso**
- **Wabasso Causeway Park** - 3105 Wabasso Bridge

**Parks on the Sebastian River**
- **Dale Wimbrow Park**
  11805 Roseland Road, (772) 589-0087
- **Donald MacDonald Park**
  Roseland Community Center and Park
  Bay Street and 130th Street
  **Sebastian Canoe Launch** - Canoe Launch Cove,

**Inland Recreational Parks • Vero Beach**
- **4715 43rd Avenue, (772) 770-5312**
- **Gifford Aquatic Center** - 4895 43rd Avenue, (772) 770-5312
- **Indian River County Shooting Range** - 10455 102nd Terrace, (772) 581-4944
- **Pine Hill Park (Lone Pine)** - 206 30th Avenue
- **Sandridge Golf Club** - 58th Avenue, (772) 770-5000
- **Richard N. Bird Park** - 800 20th Avenue S.W.,
  (772) 770-5307 or (772) 226-1732
- **Joe Wiggins Field** - 1590 9th Street S.W.,
  (772) 226-1732
- **Victor Hart Senior Enhancement Complex**
  (772) 226-1872

**Inland Recreational Parks • Sebastian**
- **Easy Street Park** - Lake Drive and Easy Street
- **Lake Hardee Park** - Barber Street and Lake Drive
- **Commissioner Fran B. Adams Park (North County Aquatic Center)** - 9450 CR 512, (772) 581-POOL
  **(North County Ball Fields)** - 9450 CR 512,
  (772) 388-4498 or (772) 226-1732
- **IRC Fairgrounds** - 7955 58th Avenue, (772) 226-1872
- **Kiwanis Hobart Park** - 5400 77th Street, (772) 226-1872
- **Schumann Drive Park** - Schumann Drive and Englar Drive

**Wabasso**
- **West Wabasso Park** - 8900 64th Avenue, (772) 226-1732

**Blue Cypress Lake**
- **Blue Cypress Lake Park** - 7400 Blue Cypress Lake Road, Vero Beach

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**BEACH WARNING FLAGS**

- **Double Red Flag**
  Water closed to public
- **Single Red Flag**
  High hazard, high surf and/or strong currents
- **Purple Flag**
  Stinging Sea Life
- **Yellow Flag**
  Medium hazard, moderate surf and/or currents
- **Green Flag**
  Low hazard, calm conditions, exercise caution

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**SAFETY TIPS**

- Know how to swim.
- Never swim alone.
- For maximum safety, swim near a lifeguard.
- Obey all instructions and orders from lifeguards.
- Be cautious at all times.
- If in doubt, don’t go out.
- Read conditions posted by lifeguards.

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**Inclement Weather at Indian River County Beaches may result in the temporary closing of a beach at management’s discretion. This policy is in place for the safety and well-being of beach patrons!! For safety, all beach patrons must leave the beach for lightning.**
From the Young to the Young at Heart!

Something Offered For Everyone!

NORTH COUNTY & GIFFORD Aquatic Center
INDIAN RIVER COUNTY

Gifford Aquatic Center
INDIAN RIVER COUNTY

North County Aquatic Center
INDIAN RIVER COUNTY

Recreation Department

Intergenerational Recreation Center Event Venue

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